

### Course: The Family Legacy- Shaping Culture from the Inside Out (PART ONE- Family Legacy Protocols 1 & 2) Course Syllabus

# "Whoever wins the FAMILY, wins the culture in the end." Dr. Randall Bixby

### "Wise people are builders, they build families, businesses, and communities. Through intelligence and insight their enterprises are established and endure." Proverbs 24:3 TPT

This course is for you if ...

On a personal level...

- You love your family and want them to thrive in every way together no matter how old they are now, what they have been through, or how impossible that may seem.
- You want to see your family reconnected, healed, and successful.
- You want to create a safe, loving, fun, supportive, and healthy environment in your home.
- You want your children to know their identity, values, and purpose and be equipped to live them successfully.
- You are looking for a better way to "do family" with greater emotional intelligence and a coach approach that transforms family dynamics.
- You want a practical blueprint and tools that will ensure a significant and enduring legacy.
- You're committed to building a legacy of character in your family and a legacy of true wealth.
- You want a process for passing on the most important things in life—wisdom, understanding, and blessings—while teaching your children how to do the same.

On a Leadership and Strategic Level...

- You resonate with the calling to influence culture for the better by raising leaders in your family with character, emotional intelligence, leadership insight, and authority at the gates of culture.
- You are looking for an answer to equipping families in your church to thrive and impact culture.
- You are responsible for equipping pastors, leaders, organizations, or movements to build families, businesses, communities, and culture.
- You resonate with the seven-mountain cultural transformation movement and are looking for a comprehensive, practical, and effective equipping strategy (family, government, business, education, media, arts and entertainment, and religion).

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*The Family Legacy: Shaping Culture from the Inside Out* is a practical interactive course that will empower you to build a thriving family, an enduring legacy, and a transformed culture.

The Family Legacy Model is a simple, enduring, transferable framework to do family. The six protocols and practices that follow intentionally build the family as designed while teaching our children and grandchildren to do the same.



The protocols provide a simple process that families can use to transform individuals and families from the inside out so the generations downstream can experience healing, growth, and success in life while imparting these practices to their children and grandchildren.

Practicing these protocols will cut off the power of negative generational influences. Practicing them will preempt the toxic indoctrination of our godless public and university education systems. Living the protocols will empower our children to think critically and objectively beyond the smoke and mirrors of the deceptive mainstream media and keep them connected to the God of their faith, working with Him to succeed in a long and prosperous life.

The most important focus for a healthy world is truly healthy families who are producing healthy children who become healthy leaders at the decision centers of culture while equipping their children to do the same.

How is this course different? In a few words, it's more than theory and concept. It is a practical how-to course with more than sixty exercises, experiences, and tools to equip families.

Important Distinctions of the Family Legacy Model

- biblically based and designed
- integrates emotional intelligence into the context of family
- use of a coach approach in the family
- transferable process for generational impact
- experience-based training methodology
- intentionally designed for maximum legacy benefit
- more than sixty experiences and tools to equip families with a step-by-step how-to framework

The Family Legacy Model provides a meaningful blueprint for cultural transformation from the inside out.

This course is PART ONE of The Family Legacy TWO PART JOURNEY addressing the first two protocols of the Family Legacy Model.

All culture is downstream from the family. Family creates culture. Healthy families produce healthy culture. Learn how to restore families to God's design, starting with your own family.



Course: The Family Legacy- Shaping Culture from the Inside Out (PART ONE- Protocols 1 & 2) Semester: Winter / Spring 2022 Format: Zoom Virtual Classroom / Multimedia / 1 on 1 / small group or partners Instructor: Dr. Randall Bixby, Email: Randyb.culturalarchitects@gmail.com, Phone: 515.229.3067: Website: www.culturalarchitects.org Office Hours: By Appointment

### **Grading Procedures:**

20%- Attendance and participation
20%- Required videos and class assignments, reading
20%- Quizzes
20%- Written project
20%- 1on 1 with Dr. Bixby and/or small group discussion and class presentation (where applicable)

#### **Important Details:**

Specific Class Schedule / quiz schedule, assignment schedule, final reports and presentation information (Master's and Doctorate) will be handed out on the first day of class.

#### Prior to class -

Register at Primus and at Cultural Architects and get course materials. See links below.

#### **Academic Integrity:**

Each student in this course is expected to abide by the Primus University of Theology Code of Academic Integrity. Any work submitted by a student in this course for academic credit will be the student's own work (plagiarism software is standard). For this course, collaboration is allowed in the following instances: Assigned Blended Projects within Virtual Classroom.

Students will receive zero credit for a plagiarized assignment or test. The Academic Dean will also be notified. Consequences for violation of this Code can also be extended to include failure of the course.

#### **Registration for the Class:**

Register through Primus for University credit and pay them directly <u>https://</u>primusuniversityoftheology.com

Register with Cultural Architects here: <u>https://www.culturalarchitects.org/offers/iBbbYbgh</u> \$300 course fee (includes complete video E-Course) \$20 The Family Legacy- Shaping Culture from the Inside Out (Book) \$20 The Family Legacy- Shaping Culture from the Inside Out (Workbook) \$20 Cultural Architects Journal- Journeys of Faith and Character (book) \$360 total



# DETAILS: 3 credit hour courses for Undergraduate / Master's / Doctorate:

#### Course: The Family Legacy- Shaping Culture from the Inside Out (PART ONE)

**Undergraduate -** introduction to the discipline related theories, ideas, and issues via books, journals, and multimedia materials

#### Freshman / Sophomore

Level 1- The Family Legacy- Shaping Culture from the Inside Out (PART ONE) (Experiential zoom workshop / video / reading / writing)

#### **Classes:**

8 - weekly 2-hour classes face to face - 16 hours Live

#### **Assignments:**

2 hours+ per class of Learning Module Videos, and working the modules (16 hours+) **Quizzes:** 

8- essay quizzes- answers to learnings from each class and homework with Learning and application from each class (8 hours+)

#### Required Reading: Undergraduate Freshman/Sophomore

#### Level 1- 375 pages minimum. (20 hours)

The Family Legacy Shaping Culture from the Inside Out (BOOK) Dr. Randall Bixby 306 pages The Family Legacy- Shaping Culture from the Inside Out (WORKBOOK) 206 PAGES The Cultural Architect's Journal-Journeys of Faith and Character... Dr. Randall Bixby – 152 pages

#### Written Final Project

2,000 - 3,000 and 3-5 reference citations- 8-page double spaced final written report (20 hours +)

#### Additional:

1 on 1 session with Dr. Bixby (1 hour)

#### 10 or more students preferred for best interactive results

#### Junior / Senior

Level 2- - The Family Legacy- Shaping Culture from the Inside Out (PART ONE) (Experiential zoom workshop / video / reading / writing)

#### **Classes:**

8 - weekly 2-hour classes face to face - 16 **hours** Live (1st time through and then 8 hours recorded and 8 hrs live.



#### **Assignments:**

2 hours+ per class of Learning Module Videos, and working the modules **(16 hours+) Quizzes:** 

8- essay quizzes- answers to learnings from each class and homework with Learning and application from each class (8 hours+)

# **Required Reading: Undergraduate**

# Level 2- 525 pages. (20 hours)

The Family Legacy Shaping Culture from the Inside Out (BOOK) Dr. Randall Bixby 306 pages The Family Legacy- Shaping Culture from the Inside Out (WORKBOOK) 206 PAGES The Cultural Architect's Journal-Journeys of Faith and Character... Dr. Randall Bixby – 152 pages

### Written Final Project:

2,500 - 3,500 and 5-10 reference citations - 10-page double spaced final written report (25 hours +)

### Additional:

1 on 1 session with Dr. Bixby (1 hour)

#### 10 or more students preferred for best interactive results

#### Graduate

**Master's** - Learner begins to apply discipline related theories, ideas, issues discovered in books, journals, multimedia materials to personal, work, life, and ministry situations.

# Level 3- The Family Legacy- Shaping Culture from the Inside Out (PART ONE)

(Experiential zoom workshop / video / reading / writing)

#### **Classes:**

8 - weekly 2-hour classes face to face - **16 hours** Live (1st time through and then 8 hours recorded and 8 hrs live.

### Assignments:

2 hours+ per class of Learning Module Videos, and working the modules (16 hours+)

#### Quizzes:

8- essay quizzes- answers to learnings from each class and homework with Learning and application from each class **(8 hours+)** 

# Small Group Lab:

2- 1-hour small group discussions on how students are applying their learning to their families and other families. **(2 hours)** 



#### Required Reading Level 3 Master's 750 pages (26 hours)

The Family Legacy Shaping Culture from the Inside Out (BOOK) Dr. Randall Bixby 306 pages The Family Legacy- Shaping Culture from the Inside Out (WORKBOOK) 206 PAGES The Cultural Architect's Journal-Journeys of Faith and Character... Dr. Randall Bixby – 152 pages Crucial Conversations- Grenny, Patterson, McMillan - Crucial Conversations- Tools for talking when the stakes are high 272 pages

### Written Final Project:

3,500 - 4,500 and 10-15 reference citations - 14-page double spaced final written report on principle and application to your life and ministry. **(30 hours +)** 

### **Final Group Project Presentation:**

20 minutes class presentation on the application course learning in equipping their own family and the families of others **(5+ hours)** 

#### Additional:

1 on 1 session with Dr. Bixby (1 hour)

#### 8 or more students preferred for best interactive results

**Doctoral-** Learner identifies gaps or tensions in the existing discipline-related empirical and professional literature in order to create new knowledge the can be expressed as a qualitative or quantitative contribution to the existing body of knowledge.

# Level 4- The Family Legacy- Shaping Culture from the Inside Out (PART ONE)

(Experiential zoom workshop / video / reading / writing)

### Classes:

8 - weekly 2 hour classes face to face - **16 hours** Live (1st time through and then 8 hours recorded and 8 hrs live.

#### **Assignments:**

2 hours+ per class of Learning Module Videos, and working the modules **(16 hours+) Quizzes:** 

8- essay quizzes- answers to learnings from each class and homework with Learning and application from each class (8 hours+)

#### Small Group Lab:

3- 1-hour small group discussions on how students are applying their learning to their families and other families. **(3 hours)** 



#### Required Reading Level 4 Doctorate 1050 pages (30 hours)

The Family Legacy Shaping Culture from the Inside Out (BOOK) Dr. Randall Bixby 306 pages The Family Legacy- Shaping Culture from the Inside Out (WORKBOOK) 206 PAGES The Cultural Architect's Journal-Journeys of Faith and Character... Dr. Randall Bixby – 152 pages Crucial Conversations- Grenny, Patterson, McMillan - Crucial Conversations- Tools for talking when the stakes are high 272 pages

Emotionally Healthy Spirituality: It's Impossible to Be Spiritually Mature, While Remaining Emotionally Immature 240 pages

### Written Final Project:

4,500 - 5,500 and 15-20 reference citations - 18-page double spaced final written report on principle and application to your life and ministry. (Research and application in how to mentor and equip other families in your organization) **(40+ hours)** 

# **Final Group Project Presentation:**

20 minutes class presentation on the application course learning in equipping their own family and the families of others **(5+ hours)** 

# Additional:

1 on 1 session with Dr. Bixby (1 hour)

#### 5 or more students preferred for best interactive results



# SCHEDULE

# Mondays 5pm-7pmPDT/6pm-8pmMDT/7pm-9pmCDT/8pm-10pm EDT

Class 1- February 21, 2022 Class 2- February 28, 2022 Class 3- March 7, 2022 Class 4-March 14, 2022 Class 5- March 21, 2022 Class 6- March 28, 2022 Class 7- April 4, 2022 Class 8- April 11, 2022

# Standard Class Guide (2 hours)

General Format\*

- 5 minutes open in prayer-
  - 40 minutes- Debrief and Q/A
    - o 25min-debrief last week's homework- "What was the learning from last week?"
    - 15min- "Where do you need help? "Q/A
- 30 min- tool 1- (video, walk through, Q/A)
- 10 min break
- 30 min- tool 2- (video, walk through, Q/A)
- Homework- complete the tools covered in class the following week

\*Some weeks have more than 2 tools. You will see how to make adjustments easily in those cases.

#### Class 1- Introduction and how to get the most out of this class and Family Legacy Journey

- How to get the most out of this journey
- Overview of weekly meeting rhythm
- Read first 5 chapters before meeting 1
- Read one protocol chapter prior to that protocol being addressed in class in the book
- Watch video
- Review and learn tools with small group
- Homework
- Debrief
- Repeat

# Family Legacy EQ (Emotional Intelligence) Protocol 1

#### Class 2 -

Personal Investigator EQ Tool Family Legacy Social Covenant EQ Tool



# Class 3

Healthy Communication Empathetic Listening EQ Tool Healthy Communication Speaking the Truth in Love EQ Tool OOOH NO! EQ Tool

# Class 4

Fact/Story EQ Tool Love Without Hooks EQ Tool

# Class 5

Powerful/Powerless EQ Tool The Free Personality Profile EQ Tool\* (This tool in greater depth is available for a small fee.) Review of EQ Protocol

# Family Legacy Identity Protocol 2

# Class 6 (play intro video)

True Identity Tool Family History Tool Family Genetic History Tool

# Class 7

Family Generational History Tool Inner Healing Tool

# Class 8

Family Identity CVP Tool (Character, Values, Purpose) Family Coat of Arms Tool

# Class 9

Rule 51 Tool Choice to Believe Identity Tool Family Legacy Coach Approach Tool Review of the Identity Protocol

An extra class for Master's - presentations An extra class for Doctorate- presentations

